

THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2017 Sporting Excellence in Karate National Level

## **Rowan Tiplady**

This is to certify that Rowan Tiplady is a member of the Hull & East Riding Karate Academy Elite Squad and has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Rowan competed at National Championships throughout England in 2017 winning the medals and titles listed below:-

## Championship Success - 4 Silver 3 Bronze

Shindo Kai Karate Championships - 12<sup>th</sup> March, Barnsley

Silver - Team Kumite Bronze - Team Kata

## Shindo Kai Karate Championships - 2<sup>nd</sup> July, Barnsley

Silver - Team Kumite Silver - Team Kata Silver - Pairs Kata Bronze - Individual Kata

## North of England Championships - 22<sup>nd</sup> October, Sheffield

Bronze - Individual Kumite

Congratulations on your sporting achievements throughout 2017. Well done Rowan.

Sensei Wayne Clarke 3<sup>rd</sup> Dan Head Coach - The Hull & East Riding Karate Academy



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.